How to remove sweat stains on colored clothes

Do you know how to remove sweat stains on colored clothes? If your answer is no, don't worry, here we share the best tips to remove stains from your clothes and leave them as new.

There is nothing worse than sweat stains on your colored clothes. Over time and with use, these stains become more visible and are more difficult to remove.
Fortunately, there are several ways to wash your favorite colored clothes and remove annoying sweat stains.

Next, I share 5 tips that will leave your clothes like new.

White vinegar

Remove sweat stains from your clothes by preparing a mixture of 2 cups of water with 4 tablespoons of white vinegar. Apply this mixture on the spots you want to remove and leave it on for 30 minutes. Wash your clothes as usual and with cold water.

Sodium bicarbonate

Mix a tablespoon of baking soda with a little water and form a paste. Apply this paste on the sweat stains and let it sit for 20 minutes. Put your clothes in the washing machine and wash as you normally do.

Toothpaste

If your clothes are dark or black, toothpaste will be your salvation when washing them. Apply some toothpaste to the sweat stains and add some water. Scrub gently with an old toothbrush, let sit for 5 minutes, and wash your clothes as normal

Is it easy to remove sweat stains from colored clothes? Yeah! Just follow these tips.

Aspirins

Aspirins are not only to forget about the headache, they can also leave your clothes looking like new. Dilute 2 tablets in a container with warm water. Soak your stained clothes for 2 hours. Drain and wash your garment.

Salt

Dissolve three tablespoons of salt in half a liter of hot water. Pour the mixture on the sweat stains and rub so that the liquid penetrates the fabric very well. Let sit for 15 minutes and put your clothes in the washing machine.