

9 tips for caring for indoor plants

There are many conditions necessary to care for our indoor plants. The risk of bad practices is evident: the plant will begin to lose color, and it will end up falling and dying. What to do to avoid it?



Indoor plants require special care.

The type of plant, light, irrigation, temperature, are all factors to take into account. If these factors are not adequate, indoor plants languish, fall over and die.

On many occasions, plants do not end up dying because they are not attended to, but because their needs are unknown. A pleasant and comfortable environment for a human being may not be for a plant.

Basic tips for caring for indoor plants

In order for our plants to look healthy, these are good tips to keep in mind:

The choice of plant is essential.



There are species of indoor plants that need very specific environments and care, while others survive with minimal attention. When buying plants, it is important to find out what environmental conditions they need. Then it will be assessed whether the environment in which it will be installed is appropriate.

All plants require light.



Indoor plants with dark leaves and ferns need the least light. If they don't have enough light, they immediately manifest that lack. The leaves turn yellow and the stems elongate abnormally, the plant becomes stressed and loses vitality.

For all these reasons, it is necessary to observe how the plant reacts in the space in which it was located. If it does not receive enough light, it will have to be moved.

The right temperature is an important condition for indoor plants.



The sudden changes to which they are sometimes subjected by thermal conditioning harm them. Nor do they resist proximity to these sources of heat or cold.

Irrigation is a matter of care.



One of the most frequent reasons why indoor plants wither is due to excess water. The earth is the best guide. It should be damp, but not sodden or muddy.

The hydration of the plant

The thermal conditioning of the environment impacts on the need for water of plants.

- **You can also hydrate the plant from below.**



To do this, it will suffice to submerge the pot in water for a few minutes. In this way you will absorb the necessary amount.

- **Keeping the leaves clean helps the health of the vegetable.**



The leaves of indoor plants get dirty and dust makes them dull. To clean them, it is suggested to rub them with a cloth moistened with a few drops of glycerin. The glycerin prevents dust from sticking to the leaves. Also, they will be shiny.

- **The ideal pots for indoor plants are clay ones.**



They are permeable and promote growth. However, plastic ones can also be used.

- **When the plate that is placed under the pot has water, it is necessary to remove it.**



It is excess water and, therefore, the plant no longer needs it. A good tip is to fill these dishes with stones or gravel, to prevent the bottom of the pot from coming into contact with the residual water.

- **Transplants and grafts must accompany the growth of the plants.**



It is not convenient for the roots to get too tight and roll up in the pot, as they run out of air.

Transplanting is the ideal time to renew and refine the soil. There are plants that require soils with special characteristics, so it is good to familiarize yourself with these conditions.

- **Fertilizer is essential food for plants, especially when they have spent a long time in the same soil.**



The substrate is impoverished, the reserves are depleted and the plant continues to need nutrients. In times of growth and flowering, plants require more food, and fertilization is necessary.

- **Attention to fungi and pests.**



Indoor plants also get sick from the presence of pests. It is necessary to be attentive to spots on the leaves or the presence of strange signs. In these cases, technicians should be consulted to control the problem.

The plants contribute to the decoration of the environments, but they also fulfill a very valuable function for the oxygenation and hydration of the place. With these precautions, it will be possible to keep them in optimal conditions.